



news

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Good Sports Utah in Your Community

What does it mean when you roll up to your kiddos game and you see the Good Sports Utah Logo there?

First off, it means you are participating with a member organization that cares deeply about the atmosphere it's providing as part of their games and programs (excellent choice signing up with them). Good Sports Utah Members know it takes everyone; players, coaches, officials, and spectators all making an effort to be positive and stay positive in order to achieve an ideal environment for youth athletes to learn, grow, and feel proud of what they accomplish at the game. Let the Good Sports Utah Logo be a reminder to everyone showing up to watch - that children will

follow the examples they see and hear on the sidelines - good or bad. May it remind us that everyone gets to choose how they behave, and those choices have consequences at a Good Sports Utah Members site. May we think to ourselves - will this create a positive impact for everyone here or will it be a negative impact - before we act at our child's next game. Know that Good Sports Utah Members take sportsmanship seriously and there will be repercussions for actions not in alignment with the Positive Parent Pledge at any site that displays the Good Sports Utah Logo.



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The Positive Parent Pledge

Children participate in sports for a variety of reasons; physical fitness, friendship, and fun typically top the list.

The goal of youth sports should center around the participants building skills, competing and having fun! Adults can support that effort by cheering and encouraging all players, coaches, and officials along the way.

Do not mistake winning as the most important factor. If children are doing their best and enjoying the game, they have already won.

Players, coaches, and officials are human and make mistakes. Pointing out those mistakes creates a negative environment for everyone.



focusing on:

**RESPECT
KINDNESS
LEADERSHIP
POSITIVITY
SPORTSMANSHIP**

to elevate the youth
sports experience

POSITIVE PARENT PLEDGE



PLEASE SUPPORT YOUR PLAYER AS A POSITIVE SPORT PARENT BY PLEDGING -

- I will exemplify good sportsmanship towards everyone including players, coaches, officials, and spectators.
- I will remember that children will follow my example - good or bad.
- I will applaud good performances by my child's team and opponents.
- I will speak positively towards officials and coaches.
- I will show respect to and express appreciation for the officials, coaches, coordinators, and facilities.
- I acknowledge that mistakes and losing are part of life.
- I pledge to be tolerant of the mistakes made by players, coaches, officials, and others.
- I will voice my concerns by providing constructive feedback through the appropriate channels of the league at the appropriate time.
- I will choose to be positive and kind so game days are fun!

Signature: _____ Date: _____



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The Urgent
Need for
Positive,
Equitable, and
Accessible
Youth Sports.

**POSITIVE
COACH
.ORG**

Sports Done Right Changes Lives

POSITIVECOACH.ORG

Sports represent a unique opportunity to create life-changing experiences for millions of kids. But only if done right which means making sure it is: **Positive, Equitable, Accessible.**

The Challenge

Recent data from the National Survey of Children's Health (NSCH) shows a concerning trend: the percentage of children engaging in sports has declined by nearly five percentage points in just five years, from 58.4% in 2017 to 53.8% in 2022. This concerning decline represents not only a reduction in physical activity but also a missed opportunity for holistic development in our youth. With sports recognized by the Department of Health and Human Services (HHS) as vital for physical, mental, and social well-being, the need to address this decline is more urgent than ever.

The Role of Positive Coaching Alliance (PCA)

As the only national organization committed exclusively to ensuring that youth sports are positive, equitable, and accessible, we recognize the urgent need to tackle this challenge head-on. Our mission goes beyond mere participation; we aim to transform the culture of youth sports so that every child can enjoy the positive benefits that come with engagement in youth sports done right.

Why Positive, Equitable, and Accessible Sports?

The benefits of sports are well-documented, ranging from improved physical health to better mental health outcomes like reduced depression risk. Sports also play a crucial role in developing essential life skills, such as confidence, teamwork, and leadership. However, these benefits are only achievable if sports environments are:

POSITIVE

Sports should foster joy and personal growth rather than a singular focus on competition. PCA trains coaches to prioritize youth development, ensuring that sports are a source of positive experiences.

EQUITABLE

It is essential that all children have the opportunity to participate and thrive in sports, regardless of their economic or social status. PCA works to dismantle the barriers that disproportionately affect marginalized and under-resourced communities.

ACCESSIBLE

Accessibility means that sports programs must be reachable for all children, meeting their diverse needs and backgrounds. PCA strives to ensure no child is left out due to logistical challenges.

Conclusion: A Collective Call to Action

The declining trend in youth sports participation is a wake-up call for all stakeholders involved in youth development. As coaches, educators, community leaders, policymakers, and organizations, we have a collective responsibility to advocate for and implement programs that make sports a positive, equitable, and accessible experience for all children.

PCA leads this change by setting new standards for youth sports across the nation and fostering inclusive communities that reach young people everywhere. Join us in this crucial mission to ensure that sports serve as a foundation for positive and holistic development in youth.



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Good Sports Utah Games with the Pros!

From grass roots Pre-K Recreational Soccer to Utah High School Athletics all the way up through the Major Leagues - Sportsmanship Matters. That's why we've partnered with professional sporting team's throughout the state to share the Good Sports Utah Message.

PARTICIPATE IN OUR MESSAGE



ATTEND ANY OR ALL OF THE
FOLLOWING PROFESSIONAL
SPORTING EVENTS DURING GOOD
SPORTS UTAH GAMES WITH US!



March 27th | SALT LAKE CITY STARS
@ 7:00 pm
Maverick Center



April 19th | REAL SALT LAKE
@ 7:30 pm
America First Field



March 28th | UTAH GRIZZLIES
@ 7:00 pm
Maverick Center



April 18th | UTAH ROYALS
@ 7:30 pm
America First Field



March 29th | UTAH WARRIORS
@ 7:00 pm
Zions Bank Stadium



April 23rd | SALT LAKE BEES
@ 6:35 pm
Daybreak Field
at America First Square



**Thank You to Our
Utah Good Sports Partners:**

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SALT LAKE CITY STARS
UTAH GRIZZLIES
SALT LAKE BEES
REAL SALT LAKE
UTAH ROYALS
UTAH WARRIORS

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